

Cougar News

Phone: 705 728-9658

Fax: 705-728-1076

Ms. P. Smith
PRINCIPAL

Safe Arrival
705 728-9658 ext. 1

Mr. K. Stapleton
VICE PRINCIPAL



'Love Builds Brains' events with Dr. Jean Clinton on Oct. 22

<https://www.eventbrite.ca/e/love-builds-brains-an-evening-with-dr-jean-clinton-tickets-50456783598>.

Loving relationships that are warm, responsive and predictable help children thrive. How can we build these relationships? You're invited to join the SCDSB and the County of Simcoe for a two sessions with Dr. Jean Clinton, renowned child psychiatrist, as she explores brain development through the lens of connect- edness, relationships and love. The daytime event is for early years educators; the evening event is open to the public. Registration is required for both sessions. Dr. Clinton is an amazing speaker I highly recommend this event.



- Oct. 10th Cross Country meet at Sunnybrook Park
- Oct. 15th Intermediate Needles from Health Unit
- Oct. 16th Math Family Night—come out and learn some dice and card games 4-5:30—'Box Cars and One Eyed Jacks"
- Oct. 18th Picture Day for Cundles students
- Oct. 22nd PA day
- Oct. 22th –November Lunch orders due on line
- Oct. 26th Cundles Character Education Assembly
- Oct. 30 Cundles Wellness Day
- Oct. 31 Spirit Day—orange/black/appropriate costumes
- Nov. 12th 6:30 in Library School Council Meeting

October is International Walk to School Month

Get in on the fun and be part of this worldwide event! Encourage your child or teen to walk or cycle to and from school if you live close by and team up with others to make the trip more fun. If you usually drive your child to school, try getting them to walk part of the way. If your child takes the bus, walking to and from the bus stop is a great way to add physical activity minutes into the day. Walking or cycling allows kids to enjoy the outdoors and get their recommended 60 minutes of physical activity each day. Learn more: <http://ontarioactiveschooltravel.ca/international-walk-to-school-month/>.



SUBSCRIBE TO RECEIVE SCHOOL NEWS IN YOUR INBOX EACH MONTH

Cundles Heights monthly newsletter is available for subscription online. To have the Cougar News Newsletter delivered to your inbox each month, subscribe free at <http://cun.scdsb.on.ca/subscribe> then add us to your VIP list to ensure our email lands in your inbox, not your junk mail. Starting in Nov. Newsletters will be not available in paper copy unless requested.

holiday Craft Fair



Save the Date

Nov. 24th 10-2pm at Cundles Heights

Crafts Basket Give A-ways

Pictures with Santa Bake Sale

Lots of Holiday Shopping and TONS of FUN!



Triple P Parenting

- Oct 10th @ 6:30 p.m. – Raising Responsible Teenagers <http://barrielibrary.libnet.info/event/1074170>
- Oct 17th @ 6:30 p.m. – Raising Competent Teenagers <http://barrielibrary.libnet.info/event/1074231>
- Oct 24th @ 6:30 p.m. – Getting Teens Connected <http://barrielibrary.libnet.info/event/1074276>

They are posted on the Triple P website. Registration is through the Barrie Public Library, either electronically or by calling to register (705-728-1010). These are great talks.

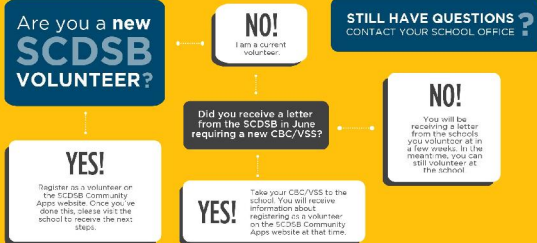
A DREAM AS BIG AS OUR COUNTRY



On Thursday, September 27 Cundles Heights along with many schools in Simcoe County participated in the annual Terry Fox Run. We had a beautiful day walking/running around our school and even a special visitor, Mrs. Doris, came to visit us. We set a goal to raise \$720 and surpassed our goal by raising over \$1400. We doubled our goal which means there will be some surprises from Ms. Smith and Mr. Stapleton. Stay tuned to what fun things we have in store at our next assembly on Oct. 26th.

School Bus Safety Week and School Bus Driver Appreciation Day

School Bus Safety Week takes place October 22 to 26, 2018. To support schools in promoting school bus safety to students, the Simcoe County Student Transportation Consortium (SCSTC), in partnership with school bus operators, will offer bus evacuation training to all home-to-school transported students. During this week, school bus drivers will educate students on how to evacuate a school bus safely in an emergency situation. Wed., Oct. 24 is School Bus Driver Appreciation Day in the province of Ontario. It's a great opportunity for the school community to thank our bus drivers for all their hard work transporting students to and from school safely. For more information, visit the SCSTC website at main.simcoecountyschoolbus.ca/.



Simcoe County District School Board

We appreciate the commitment of all who volunteer at our school. This school year, we are implementing a new online Volunteer Portal. SCDSB Community Apps (<http://communityapps.scdsb.on.ca>) is a new online portal that allows you to begin the process for volunteering at our school. Here is some information to share as we've been receiving some questions:

- Only NEW volunteers or those who received a letter in June indicating you require an updated Criminal Background Check Vulnerable Sector Screening (5-year renewal) are able to register as a volunteer on the Community Apps website at this time. If you're a current, approved school volunteer, you can still volunteer at our school for the time being. You should have recently received a letter with your access code. This code will allow you to register as a

It's time to update your child's immunization record

The Simcoe Muskoka District Health Unit is required to keep up to date immunization records for all students who attend elementary or secondary school in the County of Simcoe and the District of Muskoka. Parents are responsible for reporting immunizations to the health unit each time their child receives a vaccine from their health care provider. It's easy to update your child's immunization status. Go to www.smdhu.org/immsonline to update your child's record, or call Health Connection at 705-721-7520 or 1-877-721-7520 (toll free).

Information provided by the Simcoe Muskoka District

Fire Prevention Week is Oct. 7 to 13th.

This year's Fire Prevention Week theme focuses on three fundamental actions people can take to be fire-safe:

- LOOK for places fire could start. Take a good look around your home. Identify potential fire hazards and take care of them.
- LISTEN for the sound of the smoke alarm. You could have only minutes to escape safely once the smoke alarm sounds. Go to your outside meeting place, which should be a safe distance from the home and where everyone should know to meet. LEARN two ways out of every room and make sure all doors and windows leading outside open easily and are free of clutter.



Be yourself. Be honest. Do your best. Take care of your family. Treat people with respect. Follow your dreams.

(Mel Burchard)

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